

# Wine & Food of Italy

June 16<sup>th</sup> - 28<sup>th</sup> 2024

TUSCANY



When I think of soul-satisfyingly good food, I think of Italy. Bowls of heaping semolina pasta as yellow as the sun. Seafood right off the hook, grilled and served to perfection. Vegetables plucked from the earth just moments before they grace a plate. Wine, ever flowing, rich and robust. Take a journey from farm to table from Lazio to Piemonte with several other important regions of Italy included along the way. In a country where food is royalty, these regions are king. From the frenzy of white truffle season to the majestic grapes that are aged into Brunellos, Barolos and Barbarescos, and cheese crafted with perfection, we will loosen our belt buckles and explore gastronomic masterpieces as we soak in the history and culture of Italy

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Over the last 15 years I have been lucky enough to have traveled to Italy, mostly for work, pretty much annually and twice in the really good years. My travels have been focused around food and wine in the two super-premium growing areas, Tuscany and Piemonte. The relationships

I have developed have enabled me to share Italian wine and food culture with students each year. We are privileged to experience in depth tours and tastings that the general public simply cannot. For years alumni who know of the student trips have asked when they could come. The first opportunity was in 2022 and I am leading a new, improved reprise of that trip in June of 2024. I am so excited to be able to share these experiences with a limited number of DU alumni and hope you will join me in June of 2024 for what promises to be an extraordinary journey. Together we will share the amazing regional wine and food of Italy. This is truly a once-in-a-lifetime trip you will not want to miss.

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Ciao!

David Corsun, Director & Associate Professor,  
Fritz Knoebel School of Hospitality Management



## THE COST OF THIS ITINERARY, PER PERSON, DOUBLE OCCUPANCY, IS:

LAND ONLY:	\$ 6799
SINGLE SUPPLEMENT	\$ 1799

*Airfares are available from many U.S. cities. Please call for details.*

### THE FOLLOWING SERVICES ARE INCLUDED:

- HOTELS:** 10 nights' accommodation in first class hotels, including all hotel taxes and service charges
- COACHING:** All ground transportation as detailed in the itinerary
- MEALS:** Breakfast daily, 5 lunches and 6 dinners
- GUIDES:** Discover Europe tour guide throughout, and local guide in Siena for a half day walking tour
- ENTRANCES:** Entrance fees to all sites as detailed in the itinerary
- LECTURES:** Lectures by your faculty host

**OPTIONAL ROME EXTENSION:** The cost of the Rome extension is \$1,599 for double occupancy (single supplement: \$580). This includes 2 nights' accommodation, breakfast daily, 2 dinners, arrival airport transfers & 72-hour Rome Metro pass, Discover Europe tour guide throughout, local guide for full day sightseeing of Rome and entrance tickets to all sites listed in the itinerary.

*Please note that travel insurance is not included on this tour. Insurance information will be sent to each registrant on receipt of deposit.*



**SUNDAY, JUNE 16<sup>TH</sup>** - Departure from your chosen US gateway city. **OVERNIGHT: PLANE**

**MONDAY, JUNE 17<sup>TH</sup>** - Your morning arrival at Rome Airport will be met for the transfer to our city-center hotel. If our rooms are not available for immediate check-in, there will be time to find lunch and begin exploring the neighborhood. This afternoon we can unpack and rest up from the overnight flight. This evening we will gather for a cocktail reception and dinner at the hotel, with a quick lesson in food and wine pairing. **(D) OVERNIGHT: ROME**

**TUESDAY, JUNE 18<sup>TH</sup>** - Our first stop this morning is the Cantine Minardi, located just outside of Rome. Here we will have a pasta making class, a tour, a tasting and lunch. This afternoon we drive north to Tuscany and to our hotel in the town of Montalcino. Dinner is included this evening. **(B, L, D) OVERNIGHT: MONTALCINO**

**WEDNESDAY, JUNE 19<sup>TH</sup>** - Today we have a VIP tour of the Castello Banfi's Italian Flagship winery in neighboring Camigliano. Banfi Vinters is a multinational, family-owned business, founded in New York in 1919. We'll explore Il Borgo (the Banfi Castle), and attend an education session on Italian wines, before touring the facilities. We'll then enjoy a wine tasting and sumptuous lunch in the castle dining room. We return to our hotel in Montalcino this afternoon for a well-earned siesta (a great Italian tradition). The rest of the afternoon and evening are free to explore this beautiful little Tuscan hill town. **(B, L) OVERNIGHT: MONTALCINO**

**THURSDAY, JUNE 20<sup>TH</sup>** - Our excursion today takes us into the heart of Tuscany and the dreamy landscapes that most powerfully evoke romantic Italy. We'll visit Siena for a walking tour of this beautiful medieval city built around the lovely Piazza del Campo. Siena's Duomo is one of the most dramatic in Italy with its striking black and white marble pillars and facade. The inlaid marble floor, featuring Biblical scenes, is an architectural and artistic treasure. Before leaving Siena, we'll visit the house of St. Catherine, patron saint of Siena. It was she who persuaded Gregory XI to return the seat of the papacy to Rome after 67 years of exile in Avignon. We finish our afternoon in Siena with a class titled "Pizza, focaccia & beer," that includes a lunch we prepare ourselves. After we return to Montalcino you will have the evening free. **(B, L) OVERNIGHT: MONTALCINO**

**FRIDAY, JUNE 21<sup>ST</sup>** - A short drive this morning brings us to the Castle Brolio. Here we will visit the Barone Ricasoli winery—the oldest winery in Italy and the second oldest in the world! This is the birthplace of Chianti Classico. We'll have a tour of the castle and the winery and then have time for lunch, before our afternoon drive to Reggio Emilia. Dinner is included this evening. **(B, L, D) OVERNIGHT: REGGIO EMILIA**

**SATURDAY, JUNE 22<sup>ND</sup>** - Our excursion today takes us to Modena, home of Balsamic Vinegar. Most will be amazed at the difference in taste between what is produced here and what is sold commercially. Traditionally a batch of new balsamic vinegar was only started at the birth of a baby girl and it would become her dowry when she would marry. We will visit an acetaia, where the vinegar is made, to see the process and taste the black gold for ourselves. Later this afternoon, we head to the Albinea Canali winery, where they make the frizzante Lambrusco wines using the traditional method. We'll taste then return to our hotel where we will have time to rest before dinner **(B, D) OVERNIGHT: REGGIO EMILIA**

**SUNDAY, JUNE 23<sup>RD</sup>** - Ever wonder how all that amazing Parmigiano-Reggiano cheese is made? Early this morning we head towards Parma, to an artisanal cheese producer for a tour of their factory, where we learn the craft of cheese making. Afterwards we have a sit-down sampling of not just their cheese, but local honey and balsamic vinegar. We then continue west, across the Apennine Mountains to the Ligurian Coast and the traditional fishing port of Santa Margherita Ligure, where we will have a free afternoon followed by a group dinner. **(B, D) OVERNIGHT: SANTA MARGHERITA LIGURE**

**MONDAY, JUNE 24<sup>TH</sup>** - A free day to relax and enjoy the region. Weather permitting, you could take a short boat ride to Portofino or head into the town of Rapallo. **(B) OVERNIGHT: SANTA MARGHERITA LIGURE**



**TUESDAY, JUNE 25<sup>TH</sup>** - Leaving the Ligurian Coast, we head north, via Genoa, to our hotel in Monforte d'Alba, in the heart of the Barolo and Barbaresco wine regions. On the way, we'll stop in Strevi. Here we will visit the Cantine Banfi Piemonte for a tour, tasting and lunch. Our next stop is in Barbaresco to taste at Marquesi di Gresi, a traditional winery with a Kiwi winemaker! We'll dine together in the Langhe at Ristorante Marc Lanteri. Marc held a Michelin star at his previous restaurant for years; he and his wife Amy (a Coloradan) are excited to have us visit their new outpost. Finally, we'll check in at our hotel in Monforte. **(B, D) OVERNIGHT: MONFORTE D'ALBA**

**WEDNESDAY, JUNE 26<sup>TH</sup>** - We begin the day with a visit to a fabulous Barolo producer in Monforte, Domenico Clerico. From here we drive to Alba to visit an unbelievable truffle grower and distributor, TartufLanghe. In addition to a tour and tasting of the factory (they produce phenomenal truffle products) we'll be having lunch featuring truffle dishes and wine pairings. Return to the hotel following lunch. Dinner is on your own in Monforte **(B, L) OVERNIGHT: MONFORTE D'ALBA**

**THURSDAY, JUNE 27<sup>TH</sup>** - A completely free day in Monforte to pursue individual interests - or just rest! **(B) OVERNIGHT: MONFORTE D'ALBA**

**FRIDAY, JUNE 28<sup>TH</sup>** - Today we will taste at two of Monforte's finest wineries. Conterno Fantino is a short walk across the street from our hotel and has the most incredible view of the Alps to go along with fantastic wine. We'll follow that up with a stroll down the street and pizza for lunch. In the afternoon we visit with one of my absolute favorites, Simone Scaletta. After visiting with Simone we will drive to our hotel near Milan Malpensa Airport, where we'll have time to relax and freshen up before gathering for a farewell dinner. **(B, L, D) OVERNIGHT: MALPENSA**

**SATURDAY, JUNE 29<sup>TH</sup>** - Morning transfers to Malpensa Airport for return flights to the USA. **(B)**

*Key to included meals:  
B - breakfast, L - lunch, D - dinner*



# OPTIONAL ROME EXTENSION

FRIDAY, JUNE 14<sup>TH</sup> - Departure from your chosen US gateway city.  
**OVERNIGHT: PLANE**

**SATURDAY, JUNE 15<sup>TH</sup>** - Your morning arrival at Rome Airport will be met for the transfer to our city-center hotel. If our rooms are not available for immediate check-in, there will be time to find lunch and begin exploring the neighborhood. This afternoon we will have a chance to unpack and rest up from the overnight flight. This evening we will gather for a cocktail reception and dinner at the hotel.

**(D) OVERNIGHT: ROME**

**SUNDAY, JUNE 16<sup>TH</sup>** - A full day of sightseeing today begins at Vatican City, with visits to the Vatican Museum, the Sistine Chapel and the chance to stand in awe at the work of Michelangelo, and the Basilica of St. Peter's. After a break for lunch we continue the day with the main sites of Classical Rome. We'll visit the ancient Forum, the very heartbeat of the Roman Empire, and the monumental Colosseum. The evening is free to try one of Rome's superb restaurants or pizzerias. **(B) OVERNIGHT: ROME**

**MONDAY, JUNE 17<sup>TH</sup>** - A leisurely day to explore this glorious city on your own. Stroll along the banks of the Tiber, past the Castel Sant' Angelo, linger over lunch in the heart of old Trastevere, toss a coin in the Trevi Fountain, stop for a rosy red Campari in the midst of Piazza Navona's Baroque splendor, explore the Centro Storico (historic center), pausing to savor the languid palms rising above the steps at Piazza di Spagna, or take in the upscale shops lining Via Condotti—the day will slip by before you know it. We'll gather early this evening for a reception to meet the rest of the group arriving today and join them for dinner. **(B, D) OVERNIGHT: ROME**

## REGISTRATION FORM

### GENERAL INSTRUCTIONS

1. Please type or print.
2. Make checks payable to DISCOVER EUROPE, LTD.
3. Be sure to read the Terms & Conditions and the Refund Policy contained on this form.
4. Complete both sides of this form.
5. Detach the bottom section and return to Discover Europe with your deposit of \$500 per person, if this has not already been paid. Keep the top section for your records.

### DETAILED INSTRUCTIONS

**NAME(S).** Please make sure that your name appears on this form exactly as it does on your passport. Please also include your "Known As" or preferred name, if applicable.

**PASSPORT DETAILS.** This information is required by airlines and having it helps in the event of lost or stolen documents.

**ADDRESS.** If you have a temporary address, please let us have the details, including dates that you are there, on a separate sheet.

**DIETARY REQUIREMENTS.** Please let us know if you require any special meals both for the hotels and the airlines.

**HEALTH INFORMATION.** It is very valuable for us to know ahead of time if you require any special assistance. Discover Europe tours are always paced for comfort, but inevitably there is also a certain amount of walking involved. Participants should have sufficient stamina to keep pace with the tour group and not cause delays. Please consult with your physician if have any questions regarding your ability to participate fully.

### EMERGENCY CONTACT

This information is essential.

### INDEPENDENT FLIGHT ARRANGEMENTS

1. If transatlantic flights are not already included as part of your tour, or if you wish to deviate from the group flights, Discover Europe will be happy to make your flight arrangements for you. The fee for this service is \$40 per ticket.
2. If you are arranging your own flights, please provide your complete flight information, giving the following: dates of travel, airline(s), flight numbers, departure and arrival airports and departure and arrival times for all flight segments that you have booked. Transportation to and from the hotel for arrival and departure arrangements that are separate from the group can be made at an additional cost. It is essential that we receive your complete flight information *at least* 90 days prior to your trip departure.

### ROOMING REQUIREMENTS

A twin room has two separate single beds in it. A double room has one large bed. Please use this section to let us know your preference.

We will always book non-smoking rooms when available.

If you are sharing a room, please let us know with whom. If you would like to share a room but do not have a roommate, we will be happy to try and match you up but unfortunately cannot guarantee that this will be possible. If no match is available, the single supplement will apply.



### TRIP DETAILS FOR FOOD & WINE OF ITALY

240616/DID

### PASSENGER DETAILS

Passport Name:

1. \_\_\_\_\_  
Title First Middle Last

2. \_\_\_\_\_  
Title First Middle Last

Known As: 1. \_\_\_\_\_ 2. \_\_\_\_\_

Passport 1#: \_\_\_\_\_ Exp.Date: \_\_\_\_\_ DOB: \_\_\_\_\_

Passport 2#: \_\_\_\_\_ Exp.Date: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Special Dietary Requirements or Allergies: \_\_\_\_\_

Health Information: \_\_\_\_\_

CWRU Class Year: \_\_\_\_\_

### CONTACT INFORMATION

E-mail: \_\_\_\_\_

Preferred Telephone: (\_\_\_\_) \_\_\_\_\_ work/cell/home  
circle one

Secondary Telephone: (\_\_\_\_) \_\_\_\_\_ work/cell/home  
circle one

**PLEASE RETURN THIS FORM TO:**  
DISCOVER EUROPE, LTD.  
122 Island Street, Keene, NH 03431

# TERMS & CONDITIONS

## TERMS & CONDITIONS

1. Please be sure to complete both sides of this form.
2. Space on this journey is limited and registrations are accepted strictly on a first come, first served basis.
3. Registration and payment imply acceptance of the terms and conditions described herein. This information, as well as your itinerary description regarding dates, inclusions and prices, form the basis of your individual contract with Discover Europe, Ltd.
4. Registration and payment waive and release Discover Europe, Ltd., University of Denver, Engaging Journeys, their affiliates, directors, officers, employees, including any person or entity employed or utilized by them, from all claims arising from any injury, loss, damage, accident, delay or expense resulting from events beyond their control, including, without limitation: natural disasters, war, strikes, incidents of politically-motivated violence, sickness or quarantine, government restrictions or regulations, and in the absence of its own gross negligence, arising from the use of any vehicle or from any act of omission by any bus or car rental agency, airline, taxi or tour service, hotel, restaurant, or other firm, agency, company or individual.
5. Discover Europe, Ltd. reserves the right to substitute hotels, airlines, activities or excursions in response to changes in availability, local events or weather conditions, provided such substitutions do not adversely affect the overall quality of the tour. Such substitutions do not constitute grounds for withdrawal with full refund.
6. Conduct During the Tour: You are responsible for respecting the authority and laws of the countries in your itinerary, including local health and safety regulations, and following the directions of the tour guide. We may exclude you from participating in all or any part of the tour if, in our sole discretion, your health, condition or behavior renders you unfit for the tour or unfit for continuation once the tour has begun. Unfitness may include, without limitation, any behavior that, regardless of its cause, is inappropriate or offensive or interferes with the delivery of tour services, or may constitute a hazard or embarrassment. In such case, our liability shall be strictly limited to refund of the recoverable cost of any unused portion of the tour. Should you decide not to participate in certain parts of the tour or use certain goods included in the tour, no refunds will be made for those unused parts of the tour or goods.

## PAYMENT SCHEDULE

1. A deposit of \$500 must accompany this completed form (if it has not already been paid).
2. The remaining balance will be billed and payable 90 days prior to trip departure. A late fee of \$100 per person may be added to balances still outstanding 60 days prior to departure.

## TOUR COST ADJUSTMENTS

Discover Europe makes every effort to guarantee that the published cost of your chosen tour will not change. However, we do reserve the right to make adjustments in the following circumstances:

1. Exchange rates. Should the value of the dollar fall against the currency

## EMERGENCY CONTACT INFORMATION

Name: \_\_\_\_\_

E-mail: \_\_\_\_\_

Primary Telephone: (\_\_\_\_\_) \_\_\_\_\_

## FLIGHT INFORMATION *(Please check one)*

Departure Airport or City: \_\_\_\_\_

Would you like Discover Europe to book your flights?  Yes  No

If yes, what class of seating would you prefer?

- Standard Economy  Premium Economy  Business Class

*If self-arranged, please provide us with the full details by mail or e-mail at least 90 days prior to departure.*

## EXTENSION INFORMATION

I/we plan on extending before or after the tour:

- Yes, before tour  Yes, after tour  No extension

If yes, please provide extension details: \_\_\_\_\_

\_\_\_\_\_

of the countries visited on your tour by more than 10% in the 6 months prior to trip departure.

2. Airfares. If your tour includes airfare, Discover Europe reserves the right to pass along increases in costs (taxes, airport fees, fuel surcharges, etc.) that are charged by the airline involved.
3. Group size. This tour has been based on a group size of 20-30 participants. Should we end up with less than 20 people, we will determine a course of action which will involve either paying a surcharge to keep the tour as is, or making adjustments to the tour in order to keep the cost the same.
4. Late registrations (received within 60 days of departure) may also incur extra fees and charges as discounted rates for hotels and airfares may no longer be available so close to departure. Participants will be made aware of any such charges before their registration is accepted.

## REFUND POLICY

1. Participants who withdraw more than 90 days prior to tour departure will receive a refund of all monies received by Discover Europe, Ltd., less a \$200 cancellation penalty per person.
2. Participants who withdraw fewer than 90 days prior to tour departure will receive a refund of all monies received by Discover Europe, Ltd., less the following cancellation penalties:
  - 90 - 61 days prior to departure: \$1000 per person
  - 60 - 31 days prior to departure: \$2000 per person
  - 30 or fewer days prior to departure: no refund
3. Please note that the final payment becomes due upon receipt of the final invoice and will remain payable, as per the payment schedule, if your cancellation is received after this.
4. These cancellation penalty amounts do not include any airfares purchased on your behalf by Discover Europe Ltd. Note that the least expensive airfares are usually non-refundable. Refunds for airline tickets will be handled separately from the refund of the land tour package.
5. Comprehensive travel insurance is not included in your tour package. Discover Europe, Ltd., strongly advises that you purchase travel insurance for your upcoming trip. Trip insurance information will be mailed to you upon the receipt of your reservation. Please contact Sarah Doody at Engaging Journeys at 904.432.3141 or [sarah@engagingjourneys.com](mailto:sarah@engagingjourneys.com) for insurance information.
6. All cancellation requests must be received in writing.
7. There is no provision for refund for any activities missed due to the participant's absence once the tour has started.
8. Your place on this tour is not transferable.

## INCLUSIONS & EXCLUSIONS

1. All inclusions are listed on the day-by-day itinerary and registration form.
2. The following are not included (unless specifically mentioned in the itinerary): travel insurance, transportation to and from the participant's home to their chosen departure airport, passport fees, excess baggage charges, tips to couriers and tour bus drivers, items of a personal nature.

## ROOMING REQUIREMENTS *(Please check one)*

- I would like a single room (see itinerary for supplement)

- I would like a shared room

I will be sharing with: \_\_\_\_\_

We would like a  Single double bed  Two twin-beds

Discover Europe may include my e-mail address on the tour passenger list.

- Yes  No

## SIGNATURES

The undersigned has read the tour itinerary and recognizes and accepts any risk inherent therein. The undersigned also understands and hereby agrees to and on behalf of his/her dependents, heirs, executors, administrators and assigns to abide by the conditions set forth in the terms and conditions listed in this brochure and to release and hold harmless University of Denver, Engaging Journeys and any of their officers, trustees, agents, licensees, or representatives, from any and all liability for delays, injuries, or death or for the loss of or damage to his/her property however occurring during any portion of, or in relation to, the tour.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

